



ADULT TENNIS PROGRAM

CO-ED CLASSES

	Member w/ Tennis Add-on		Member		Guest	
	Per Clinic	Pkg. of 10 Clinics	Per Clinic	Pkg. of 10 Clinics	Per Clinic	Pkg. of 10 Clinics
Tennis U 101	\$9	\$72	\$10	\$80	\$12	\$96
Tennis U 201	\$12	\$96	\$14	\$112	\$17	\$136
Cardio 101	\$9	\$72	\$10	\$80	\$12	\$96

CO-ED CLASS TIMES AND DESCRIPTIONS

Tennis U 101 - Mon 6:30-7:30pm, Tue 9:30-10:30am, Wed 5:00-6:00pm, Fri 9:00-10:00am - *Participants will go back to the beginning focusing on the fundamentals of each stroke.*

Tennis U 201 - Mon 5:30-7:00pm, Wed 9:00-10:30am, Wed 6:30-8:00pm, Fri 10:00-11:30am - *Participants will develop consistency, learn spin, and implement strategies and tactics to make point play more effective.*

Cardio 101 - Mon 10:00-11:00am, Tue 5:30-6:30pm, Thurs 10:00-11:00am, Thurs 5:30-6:30pm, Sat 8:00-9:00am - *This class is built to get your heart rate elevated and sweat flowing while having fun on a tennis court! All ability levels are welcome!*

MEN'S AND WOMEN'S CLINICS*

2.5/3.0 Women - Tue 10:30am-12:00pm

3.0/3.5 Women - Wed 6:00-7:30pm

3.0/3.5 Men - Mon 7:00-8:30pm

3.5/4.0 Women - Tue 6:30-8:00pm

3.5/4.0 Men - Thr 7:30-9:00pm

4.0 & Above Women - Thr 6:00-7:30pm

4.0 & Above Men - Mon 6:30-8:00pm

Pricing for All Men's and Women's Clinics

	Per Clinic	Pkg. of 10 Clinics
Member w/ Tennis Add-on	\$15	\$120
Member	\$18	\$144
Guest	\$23	\$184

*Ratings for class levels are assigned using the NTRP system used by the USTA. If you are unsure what your rating would be, please contact Bryant Beard, bbeard@communitysw.com, to schedule an evaluation.